

Elvanse: What you need to know

This leaflet is intended for
people who have been
prescribed Elvanse

❖ Stimulants including Elvanse have a potential for abuse, misuse, or diversion that physicians should consider when prescribing this product.



Introduction



Your doctor has prescribed Elvanse (lisdexamfetamine) for you.



This booklet tells you:

- What Elvanse is
- How to take it
- What to expect when taking it
- How it could help control the symptoms of attention-deficit hyperactivity disorder (ADHD)



This leaflet does not replace the Patient Information Leaflet (PIL) provided with your medicine. Please always read the PIL carefully.



What is Elvanse?

Elvanse is a treatment for ADHD in children and adolescents, between 6 -12 years, who have previously taken a methylphenidate treatment that inadequately treated their ADHD.

Elvanse contains a medicine called lisdexamfetamine, which helps improve the activity of certain parts of the brain which are under-active in ADHD.

Elvanse can help:



- improve attention -



- improve concentration -



- reduce impulsiveness -

It is given as part of a comprehensive treatment programme, which usually includes psychological, educational and social therapy.

How should it be taken?

Your doctor will tell you what strength of capsule to take each day. The recommended dose at the start of treatment is 30 mg, but your doctor may decide to start you on 20 mg. Later on your doctor may increase your dose. The maximum daily dose is 70 mg.

Always take Elvanse exactly as described by your doctor.

Check with your doctor or pharmacist if you are unsure.

Elvanse is taken once daily in the morning

It can be taken with or without food. There are two ways to take Elvanse:



Option 1

Swallow the capsule whole
with a drink of water



Option 2

Open the capsule and empty the contents into
soft food such as a yogurt, or a glass of water or orange juice.

Use a spoon to break up any bits and stir the Elvanse and
yogurt, water or orange juice until they are completely mixed
together. Make sure to eat the entire yogurt, or drink all
the water or orange juice immediately after
mixing with Elvanse. Do not store it.

Do not worry if there
is a film left in the glass or
container afterwards – this does not
contain any medicine and can be discarded. Do not split the dose of a capsule; take
the entire contents of the capsule. Do not take anything less than one capsule per day.

How long do the effects last?

Elvanse is a long acting medicine which works gradually over a 13-hour time period, meaning you only need to take it once each morning.

What if I forget to take a dose?

Do not take a double dose to make up for a forgotten dose, wait until the next day and take your next dose as normal. Always avoid taking it in the afternoon, as it may cause sleep disturbances if taken late in the day.

What if it doesn't work?

Keep taking Elvanse as prescribed by your doctor. You must talk to a doctor if you do not feel better or if you feel worse after one month of treatment. You may need a different treatment.





What if I take too much?

If you take too much Elvanse, talk to a doctor or call an ambulance straight away. Tell them how much you have taken.

Are there any side effects?

Like all medicines, Elvanse can cause side effects, although not everybody gets them. Your doctor will talk to you about these side effects.

Some side effects could be serious. The full list of serious side effects can be found in the Patient Information Leaflet supplied with your medicine.

If you get any of these side effects, see a doctor straight away.

The most common side effects (may affect more than 1 in 10 people) are decreased appetite, weight loss, being unable to sleep, dry mouth, stomach pains and headache.

The full list of side effects can be found in the Patient Information Leaflet supplied with your medicine.

Tell your doctor straight away if your mood or how you feel changes, or you feel any problems with your heart.

Will I have to take it forever?

If you take Elvanse for more than a year, your doctor should stop treatment for a short time; this may happen during a holiday. This will show if you still need the medicine.

Do not stop taking the medicine without first talking to your doctor.



Notes:

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Further information

If you have any questions or queries about this medicine, speak to your doctor or pharmacist.

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